

Sr No	Health Topic	Department
1	Accupuncture	Accupuncture
2	Wellness Ayurveda	Ayurveda
3	Ayurveda, Joint Pain, Yoga & Exercise	Ayurveda
4	Understanding Basic Principles of Ayurveda	Ayurveda
5	Swasthya Sanjeevani	Ayurveda
6	The Science of Ayurveda for lifestyle diseases	Ayurveda
7	Panchkarma Wellness Therapies	Ayurveda
8	Immunity Booster	Ayurveda
9	Importance of Yoga & Spiritual Health	Ayurveda
10	Healthy Heart / Keep your Heart Healthy	Cardiology
11	Prevent Heart Attacks	Cardiology
12	CPR Training	Cardiology
13	Lifestyle to prevent Heart Diseases	Cardiology
14	Heart Smart Eating	Cardiology
15	Cardiovascular Disorders	Cardiology
16	Cardiac Rehab	Cardiology
17	Heat Stroke - Symptoms & Precautions to be taken	Cardiology
18	Cholesterol - Risk & Precautions	Cardiology
19	Oral Care	Dentistry
20	Skin Care	Dermat
21	Skin Care Safety	Dermat
22	Psoriasis	Dermat
23	Teen Skin Care	Dermat
24	Skin Cancers	Dermat
25	Diet & Nutrition	Dietetics
26	Healthy Lifestyle Management	Dietetics
27	Weight Management	Dietetics
28	First Aid Awareness	Emergency
29	Diabetes Awareness	Endocrinology
30	Diabetes / Lifestyle Disorders / Endocrine & Thyroid Disorders	Endocrinology
31	ENT Disorders	ENT
32	Throat Disorders	ENT
33	Ear Nose Throat Conditions	ENT
34	Myths & Facts about Ear, Nose & Throat	ENT
35	Gastric Disorders	Gastro
36	Care for Liver	Gastro
37	Acidity & GERD & Gastric Ailments	Gastro
38	Common General Surgeries - Guide on Surgical Management	General Surgery
39	Post Surgical Cocern	General Surgery
40	Gynaec Issues / Well Women Care	Gynaecology
41	Anemia - Womens Health	Gynaecology
42	PCOS / PCOD	Gynaecology
43	Breast Cancer	Gynaecology
44	Cervical Cancers	Gynaecology
45	Menstrual Health - Precautions & Treatment	Gynaecology
46	Understanding Menopause	Gynaecology
47	Healthy Life	Integrated Medicine

48	Prevention of Diseases - Integrated Medicine	Integrated Medicine
49	Hypertension	Internal Medicine
50	Diabetes Management	Internal Medicine
51	Infectious Disease	Internal Medicine
52	Preventive Health	Internal Medicine
53	Monsoon related Ailments	Internal Medicine
54	Health Check Up - need for an hour	Internal Medicine
55	Dengue / Malaria / Chicken Guniya	Internal Medicine
56	Tuberculosis	Internal Medicine
57	Healthy Aging	Internal Medicine
58	Varicose Veins	Interventional Radiology
59	Interventional Radiology Emergency Services	Interventional Radiology
60	Kidney Care	Nephrology
61	Migrane	Neurology
62	Autism & Parkinsons Awareness	Neurology
63	Stroke - Neurological Disorders	Neurology
64	Cancer Awareness	Oncology
65	Breast Cancer	Oncology
66	Cervical Cancers	Oncology
67	Understanding Cancer & Advancements in Treatment	Oncology
68	Conjunctivitis	Ophthal
69	Conjunctivitis	Ophthal
70	Eye Care	Ophthal
71	Diabetic Retinopathy	Ophthal
72	Cataract & Glaucoma	Ophthal
73	Exercise and Eye Health: The Connection	Ophthal
74	Pain Management	Orthopaedics
75	Guide on Orthopaedics / Bone Health	Orthopaedics
76	Navigating Othopaedic Journey - Bones & Joints	Orthopaedics
77	Palliative Care - Pscychological & Spiritual Support	Palliative Care
78	Pediatric Urological Issues	Pediatrics
79	Ergonomics	Physiotheraphy
80	Physiotherapy - Need for an hour	Physiotheraphy
81	Cognitive Ergonomics	Physiotheraphy
82	Mental Wellness	Psychology
83	Digital Detox	Psychology
84	Post traumatic stress disorder	Psychology
85	Anxiety Disorders	Psychology
86	Boost Your Mental Health	Psychology
87	Stress Management	Psychology
88	Bipolar Disorders	Psychology
89	Depression	Psychology
90	Substance Abuse and Addiction	Psychology
91	Positive Parenthood - Its Importance	Psychology
92	Screen Breaks: Nurturing Your Mind	Psychology
93	Pulmonary Physiotherapy & Rehab	Pulmonology
94	Sleep Disorders / Insomnia	Pulmonology
95	Asthma / Lung Disorders / No Smoking	Pulmonology

96	Pulmonary Disorders	Pulmonology
97	Pneumonia	Pulmonology
98	Interventional Pulmonology Services	Pulmonology
99	Early Detection Saves Lives	Radiology
100	Family Wellness	Spiritual Care
101	Power of Gratitude	Spiritual Care
102	Improving Quality of Life	Spiritual Care
103	Building Emotional Resilience	Spiritual Care
104	Mindfulness: The Art of Being Present	Spiritual Care
105	Family Wellness: Strengthening Bonds	Spiritual Care
106	The Journey to Self-Discovery	Spiritual Care
107	Urinary Tract Infection	Urology
108	Understanding Urological Symptoms	Urology
109	Urological Cancers: Early Detection Matters	Urology
110	Navigating Prostate Disorders: From Diagnosis to Treatment	Urology
111	Prostate Health Awareness	Urology